



Scenkonstens  
Omställnings- &  
Karriärväxlingsstiftelse

Org.nr. 802478-9409

## Career adjustment support

For dancers still covered by the PISA regulation (i.e. if you had less than five years until retirement age at the turn of 2014/2015).

The form is send by e-mail to:  
[kontakt@sokstiftelsen.se](mailto:kontakt@sokstiftelsen.se)

alternatively send to:  
SOKstiftelsen  
Rehngatan 11, 7 tr.  
113 57 Stockholm

If you are a dancer and are covered by the PISA regulation (i.e. if you had less than five years until retirement age at the turn of 2014/2015), you are not covered by the SOK agreement. However, you may apply for career adjustment support from SOKstiftelsen.

You may apply for career adjustment support when your employment has ended but before you turn 44 years of age. In the form below you must certify when your employment ends. If incorrect information is provided, you may be liable for repayment.

The payment is based on the career adjustment support allocation of 10 percent of monthly salary (13.14 percent including employer contributions) paid in to SOKstiftelsen by your employer from 1 January 2015.

Please indicate employer below, if you have had several employers since 2015 you should state all, provided that they are covered by the SOK-agreement.

The amount is paid out as a one-time payment and is taxed as salary. An administration fee of SEK 200 is deducted. If you have other income you should check that the total tax deduction is sufficient to avoid residual tax. You can request higher tax deduction, enter the percentage in the box below.

SOKstiftelsen is using Swedbank Lön and Utbetalningstjänst. By registering your account number to the Swedbank register you can receive your payment from SOKstiftelsen directly in your bank account. Read more at [www.swedbank.se/kontoregister](http://www.swedbank.se/kontoregister). Note that you do not have to be a customer in Swedbank to register your account number. In connection with the payment you will receive a specification per email from SOKstiftelsen with details about your adjustment support.

By your application you agree to SOKstiftelsens processing of your personal data below. Information on SOKstiftelsens processing of personal data is to be found here: <https://www.sokstiftelsen.se/om-sokstiftelsen/om-sokstiftelsen-och-personuppgifter/>

### Personal data

Name		Personal number
Adress	Postal number	Postal address
E-mail		Phone
Application date	Tax deduction in % (if you leave this box blank a tax deduction of 30 % will be deducted).	

**Employers (from 2015 and forward)**

	From	To

I certify that I will end my employment at (YYYYMMDD):

**Employers covered by the SOK-agreement:**

AB Regionteatern Blekinge-Kronoberg Borås Stadsteater Byteatern (Kalmar läns teater) Dalateatern (Stiftelsen Länsteatern i Dalarna) Estrad Norr (Jämtlands läns musik och teater) Folkoperan AB Folkteatern i Göteborg ek.för. Folkteatern i Gävleborg (Stiftelsen Folkteatern i Gävleborg) GotlandsMusiken (Gotlands Musikstiftelse) Gävle Konserthus och Gävle Symfoniorkester Göteborg Wind Orchestra (Stiftelsen Göteborgsmusiken) Göteborgs Stadsteater AB Göteborgs Symfoniker AB GöteborgsOperan AB Helsingborg Arena och Scen AB (fd AB Helsingborgs Stadsteater och Helsingborgs Symfoniorkester) Kalmar läns Musikstiftelse Kammarorkestern Musica Vitae Kommunalförbundet Norrlands nätverk för Musikteater och Dans (NMD), Kultur i Väst (fd. Musik i Väst) Kungliga Dramatiska Teatern AB Kungliga Operan AB Länsmusiken i Örebro AB/Svenska Kammarorkestern Länsteatern i Örebro AB Länsteatern på Gotland Malmö Live Konserthus AB (fd. Malmö Symfoniorkester AB) Malmö Opera och Musikteater AB Malmö Stadsteater AB Musik i Blekinge Musik i Syd Norrbottensmusiken (Norrbottens Kammarorkester) NorrlandsOperan AB	Region Gävleborg-Kulturutvecklingen (fd. Musik Gävleborg) Region Halland/Kultur i Halland (fd. Musik i Halland) Regionteater Väst AB Riksteatern Scenkonst Sörmland (fd. Sörmlands Musik & Teater) Scenkonst Västernorrland AB (Nordiska Kammarorkestern och Musik i Västernorrland) Scenkonst Västernorrland AB (NorrDans) Scenkonst Västernorrland AB (Teater Västernorrland) Scenkonstbolaget i Östergötland AB (fd. Östgötateatern och Norrköping Symfoniorkester AB) Skånes Dansteater AB Smålands Musik och Teater Smålands Musik och Teater (Jönköpings sinfoniotta) Stiftelsen Musik i Dalarna Stiftelsen Musik i Uppland Stiftelsen Musik i Uppland (Uppsala Kammarorkester) Stiftelsen Norrbottensteatern Stiftelsen Wärmlands Opera Stiftelsen Östgötamusiken Stockholms Konserthusstiftelse Stockholms Stadsteater AB Teater Halland AB Vara konserthus AB Västerbottensteatern AB Västmanlands teater (Kommunalförbundet Teater Västmanland) Västmanlandsmusiken (Kommunalförbundet Västmanlandsmusiken) Västerås Sinfoniotta (Kommunalförbundet Västmanlandsmusiken) Uppsala Stadsteater AB
--	---